

The Yardarm



DRAFT COPY #3

**Spring Edition
March 2013**





The Yardarm

Spring 2013 Edition



What exactly is a Yardarm

A **yard** is a spar on a mast from which sails are set. It may be constructed of timber, steel, or from more modern materials, like aluminum or carbon fiber. Although some types of fore and aft rigs have yards (see right), the term is usually used to describe the horizontal spars used on square rigged sails. *Source: Wikipedia*



About The Yardarm

The Yardarm newsletter is published bi-annually – spring and fall – by LCdr (Ret) Pat Cornect, on behalf of the Royal Canadian Naval Association (RCNA—incorporated in 1959). You can contact Pat Cornect via email: pat@cornect.com or by phone: 519-882-0484.

The electronic magazine is free to all RCNA members and related associations. Individual Branches are encouraged to provide printed copies to their member—also please visit the Yardarm website at: www.yardarm.ca.

Wherever possible the primary source(s) for material used in this document is mentioned at the end of each piece, non-cited items can be considered personal works or articles from the public domain.

The Cover Photo



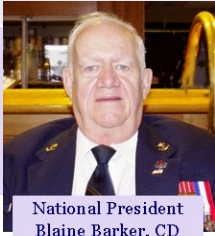
HMS ST. LAWRENCE

The cover of each edition will feature a picture of a famous historic Canadian (or British—if it operated in Canadian waters) warship. Jim Lapp has volunteered to research and write an article associated with that particular vessel. This edition's cover features the HMS St. Lawrence – built in Kingston, Ontario, she sailed the Great Lakes. For more information—read Jim's article on page nine of this edition.

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National President
Blaine Barker, CD

From the Helm

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Greetings from the 2013 Executive, wishing all of you a prosperous and healthy New Year. Since our annual meeting at our Sarnia branch we are undergoing some upgrades in our communication systems. They may not suit every individual and a number of complaints have been duly noted. We are attempting to iron out the difficulties and I would ask for your patience and indulgence for the time being.

I would like to thank our Sarnia branch for hosting our 58th AGM this past September (2012), and for a medium size branch they were large and tell on service and comradeship. Again thank you for your generosity and help in making the event a success.

I would like to take this opportunity to express our sincere thanks to shipmate Des Steel for his untiring effort in producing and distributing the "Yardarm" over the past twenty plus years, along with his family's assistance. It has been well received as well as greatly appreciated. Bravo Zulu Des and Joy. I might mention that we have received letters of commendation from branches as well.

Unfortunately I must advise that there will be no spring reunion in 2013 as we did not receive requests from branches asking to host the said event. This is one of the times we ask for a sponsor during the year and is usually the best time for a branch to fund raise in support of itself. Once an Annual Reunion ceases it is very difficult to get them going again. Any branch interested in hosting a reunion or sponsoring the AGM should advise the National Secretary of their wish.

This coming fall AGM will be in Kitchener-Waterloo and it is also an election year. I am not sure who is running on the present executive, but those directors that represent your branches both past and present are eligible to hold office as outlined in the constitution. Please give it your consideration. Nelson said something that closely resembles "every man is expected to do his duty".

We have had several smaller branches review their status and resigned due numbers and interest. This has not hampered our limited resources which are dues only. We are still afloat for the present.

We have been working with other veterans groups and the RC Legion to pressure both the government and veterans affairs over benefits for all veterans including ourselves. This saves us running to Ottawa to meet with the lawmakers and implementers each time an issue arises. It has worked to our advantage as well as presenting a united front. We attend their Veteran Consultation Group meeting and met with the VAC ombudsman G Parent for a review of all current issues. It was my privilege to represent the RCNA at the Ottawa "Battle Britain" service as well as North Bay.

I also attend five Remembrance Day services and dedications of two memorial parks in seven surrounding communities.

A number of the current executive have undergone surgery as well as some wives but it appears all are on the mend. At present I am awaiting my turn to go under the knife and I expect I will be back in short order. This is a year for all of us to work on increasing our membership if we wish for a strong future.

Yours Aye, Blaine Barker



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National Secretary
Jerry Sigrist CD

A word from your National Secretary.

First of all I would like to extend mine and I'm certain all our fellow Shipmates our heartfelt thanks to Shipmate Pat Cornect from the Sarnia Branch for taking on the position and responsibilities of the Yardarm Editor. Without Pat the Yardarm most likely would have become defunct as good volunteers are very hard to find. Thanks again Pat.

Also many thanks to my friend and yours Shipmate Des Steel for the wonderful work he accomplished producing the Yardarm for a number of years. It became a lot of work, Editing, Publishing, Printing and Distributing the Yardarm as it was done in hard copies. Enjoy your retirement Des, hope your health holds out and we see you and Joy at many more AGM's in the future.

The RCNA will now be trying out a new system under the very capable hands of Pat who is well versed in the modern electronic age. The Yardarm will now be produced electronically, emailed to all clubs for distribution and also be placed on a website if you miss it by other means. This will cut down on most of the cost previously associated with Printing and Distributing and make it available much easier. The majority of our members have the internet and it is hoped that help will come from the clubs or members that have not. There will be more to come on this as we get it organized.

A few months back I sent out an email to all the clubs describing the benefits and advantages of an electronic and web based system. They did not all answer but more than half did and all but two have very favourable answers. Hopefully even they will come to a decision on the best way to get their copies if they desire one.

Any new system needs perfecting and this is a great method of communication.

The first Yardarm in the new system will be out the end of the month, all clubs are being notified by email, this will include the website where it can be found complete with archived copies when available.

Problems: let myself or Pat know about your concerns and we will do our best to remedy them.

***Gerald W. "Jerry" Sigrist,
Executive Secretary,
RCNA National***





Contributors

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*Blaine D. Barker, CD
National President:
From the Helm*



*Gerald "Jerry" Sigrist, CD
National Secretary
Naval Trivia*



*Jim Lapp
RCNA Sarnia
Historical Fiction*



*Dr. Shauna Phillips
Medical Doctor – Toronto
Healthy Living
Medical*



*Kevin Phillips, CD2
Personal Chef—Oakville
Healthy Living
Food*



*Dr. Gordon Simmons
Padre RCNA Sarnia
Padre's Corner*



*Joan Balch
Wren Association
Book of Remembrance*



*HooJung Jones
Korea Veterans
Association of Canada
SS Meredith*



*Pat Cornect, CD2
RCNA Sarnia Director
Incoming Editor*





RCNA NEWS

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RCNA AGM 2012—Hosted by the SARNIA BRANCH



Killick” is Gaelic for anchor, an invention of the Chinese Emperor Yu (2205-2197 BC). It is from the badge of a single fowl anchor (above) that the leading seaman takes the naval slang term for his rank.

In September, the RCNA Sarnia Branch hosted the 2012 Annual General Meeting (AGM). The event took place in the Branch Hall and was well attended by representatives from across Canada. The National Executive and Branch Representatives covered a host of important issues. For more details and to review the AGM minutes, please visit the RCNA National web site at the following URL: <http://rcnahq.com>.

Photo Left: Front Row—members of the National Executive, Back Row—some of the RCNA Branch Directors. Photos Below: Saturday Night Dinner. Source: M.P. Corneet.





RCNA NEWS

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Queen's Jubilee Medal Presentations



Federal MP Pat Davidson presented three members* of the Sarnia Branch with their medals: From Left; Pat Cornect* , Cindy Vandenberghe (Branch President) Pat Davidson, Marion Bradley* , and Doc Docherty*.



Queen Elizabeth II Diamond Jubilee Medal:

The medal was created to mark the 60th anniversary of Her Majesty Queen Elizabeth II's accession to the Throne as Queen of the United Kingdom and Canada. It is meant to honour Her Majesty for her service to this country and the Commonwealth.

The Diamond Jubilee Medal is also a token of recognition for those Canadians who have made significant contributions to their country. Throughout the year of celebrations, 60,000 medals were presented to deserving Canadians.

The RCNA distributed a total of 80 medals to Branches across the country. Each Branch in turn presented Diamond Jubilee Medals to eligible member within their Clubs. Congratulations to all recipients—well done! The Yardarm is looking forward to posting more medal presentation photos from individual Branches in upcoming editions.

Shipmate and Club of the Year

Congratulations to the 2011 RCNA Shipmate of the Year—Shipmate Steve Willar—a member of the Admiral Hose Branch in Windsor , Ontario.

The RCNA Club of the Year for 2011 is the Admiral Desmond Piers Naval Association, Bridgewater, Nova Scotia.



“RCNA NEWS” will be featured on at least two pages of each edition of the Yardarm. Items must be submitted by the appropriate Branch representative. Items should not be time sensitive as they may be carried forward to the next edition if they are submitted to late for the current release. No article will be posted without the explicit approval of the Branch or member concerned.



VETERAN NEWS

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Creation of the Memorial Ribbon



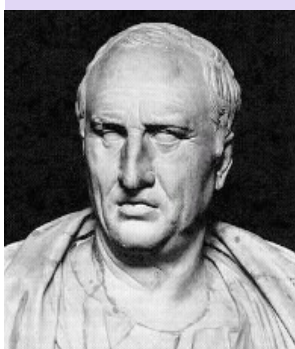
The Honorable Peter MacKay, Minister of National Defence, along with the Honorable Steven Blaney, Minister of Veterans Affairs Canada, has announced the creation of the Memorial Ribbon. The Memorial Ribbon will be offered to close family and friends of deceased Canadian Forces (CF) members as a memento of personal loss and sacrifice.

Memorial Ribbons may be issued in commemoration of every CF member whose death is attributed to injury or illness sustained on or after October 1, 1947, due to military service. This date coincides with the first date inscribed in Veterans Affairs Canada's Seventh Book of Remembrance.

The Memorial Ribbon will now be part of the Memorial Package, which currently includes the Memorial Cross, the Memorial Scroll, the Memorial Bar, the Sacrifice Medal, and inscription in the Seventh Book of Remembrance. For those eligible recipients whose beneficiaries have previously received the Memorial Package without the Memorial Ribbon, the ribbons will be sent separately to the executor of the estate upon written request.

The Department of National Defence's Directorate of Honors and Recognition is the office responsible for the administration of the Memorial Ribbon, which will be available in early 2013.

Source: Aviation.ca



History Repeating Itself!

"The budget should be balanced, the Treasury should be refilled, public debt should be reduced, the arrogance of officialdom should be tempered and controlled, and the assistance to foreign lands should be curtailed, lest Rome become bankrupt. People must again learn to work instead of living on public assistance." - Cicero, 55 BC



The foul anchor, also known as the "sailor's disgrace", is not a reflection on the wearer's seamanship ability. It has its origin in ancient times as a religious symbol of steadfastness, hope and salvation.



On 9 January 2013 the Honorable Steven Blaney, Minister of Veterans Affairs, and Senator Yonah Martin announced that the Government of Canada will mark 2013 as the Year of the Korean War Veteran. The Year of the Korean War Veteran coincides with the 60th anniversary of the Korean War Armistice and the 50th anniversary of diplomatic relations between Canada and South Korea. (See HooJung Jones' article on page 11.)



VETERAN NEWS



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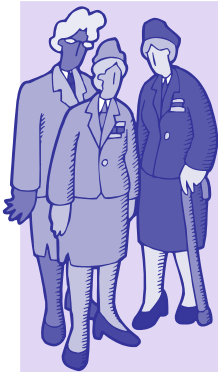
CF Appreciation Program

The CF Appreciation Program was created to offer a variety of discounts to Canadian military personnel and their families in recognition of their sacrifices and dedication. The program expanded to include some of the world's brands and major businesses, and is being enhanced and expanded into new markets.

The CF Appreciation Program aims to incorporate new business categories and more attractive incentives within the existing program to meet the ever evolving needs of our Canadian Forces community. Particularly in the areas of family attractions, leisure travel, entertainment and accommodations.

CF Appreciation Program
Email: cfappreciation@cfpsa.com, Toll Free: 1-855-235-3099

Mail To:
CF Appreciation Program Coordinator
Canadian Forces Personnel and Family Support Services
4210 Labelle Street,



Veterans Independence Program— How to Apply

Step 1 – Get an application form:

If you are a Veteran, civilian, CF member or a primary caregiver, please print and fill out the VIP application form at www.veterans.gc.ca/eng/services/veterans-independence-program/apply. If you are a survivor, please print and fill out the Survivor's VIP application form.

Step 2 – Submit your application form:

Simply drop off your application in-person at an IPSC or one of our District Offices. You can also mail it to the following address:

**Veterans Affairs Canada , PO Box 4000
Kirkland Lake, ON P2N 3P4**



The fouled anchor reappears in the heraldic device of Lord Effingham. Lord High Admiral in the late 16th century—the naval use of this symbol probably dates back to that time.



Veterans Ombudsman Guy Parent

“The Veterans Ombudsman works toward ensuring that the sacrifices of Canada's Veterans and their families are recognized through the provision of services, benefits, and support in a fair, accessible, and timely manner. The Ombudsman plays an important role in raising awareness of the needs and concerns of Veterans and their families.

The Ombudsman is an impartial and independent officer, reporting directly to the Minister of Veterans Affairs Canada. This independence is essential to ensure that our commitment to stakeholders is honored.

As an independent voice, the Ombudsman works to ensure the fair treatment of Veterans, their representatives, and their families, in accordance with the Veterans Bill of Rights.”

<http://ombudsman-veterans.gc.ca/>



Historical Fiction

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HMS St Lawrence— Shipwright John William Bell

For almost a year he was one of the two hundred shipwrights building HMS St Lawrence at the Kingston dockyard. A strong lad, mature beyond his years, he was the son of William Moodie Bell (1777-1837), Acting Master Builder in Upper Canada. John was now the third generation of shipwrights from the parish of Aberdour, near Kirkcaldy in Fifeshire, Scotland.



It was in September 1814 when John William Bell hugged his mother Ruth Devonport and left his Kingston home to join the Royal Navy as a Midshipman aboard HMS St Lawrence, first rate ship of the line. She was docked at the Naval Shipyard in Kingston, newly launched, and ready for action.

Assembled before Captain Frederick Hickey, the young officers in training were instructed, "First," he said, "you must always implicitly obey orders without attempting to form any opinion of your own respecting their propriety; secondly, you must consider every man your enemy who speaks ill of the king."

Young Midshipman Bell was assigned to Warrant Officer Gunner Samuel Broke and charged with training for two carronades on the gun deck. While serving on HMS Shannon under his cousin Captain Philip Broke, Gunner Samuel Broke learned the training Captain Broke scheduled for HMS Shannon. "The weekly routine at sea is for the watch on deck to be exercised at the great guns on Monday and Tuesday afternoons, and in the afternoons the first division of the watch will be exercised at small arms. Wednesday and Thursday forenoons the watch on deck to be exercised at the carronades, and in the afternoons the second division of the watch at small arms. Friday is reserved for the Midshipmen: great guns in the morning, small arms in the afternoon." Each man had one morning at the 24 and 32-pounders, one morning at the carronades and two afternoons with musquets in every week. Saturdays were reserved for washing clothes and scrubbing the berth deck in the afternoon. Sunday, apart from Church service and any necessary evolutions with the sails, was free. This was the training schedule applied to the 837 officers and men of HMS St Lawrence.

American spies reported the extremely high standard of naval gunnery enabled HMS St Lawrence to deliver a broadside every two to three minutes. Unable to match the guns of HMS St Lawrence, the U.S. fleet remained docked. HMS St Lawrence never saw action.

HMS St Lawrence, the first ship of the Royal Navy to serve entirely in fresh water, was bigger and carried more cannons than Admiral Nelson's flagship HMS Victory.

Decommissioned in 1815, HMS St Lawrence eventually rotted and sank in Kingston harbour. She is now a diving site.

By Jim Lapp, with reference to: National Archives of Canada; Wikipedia; Malcomson, Robert (1998). *Lords of the Lake: The Naval War on Lake Ontario 1812-1814*; Toronto Star May 3, 2009



Korean War Veteran

Yardarm Spring 2013 Edition



2013 “The Year of Korean War Veteran” and the “Year of Korea”



(Kyu Sik Kim, Rhys Jones, Jung Hee Seh, The Honourable Steven Blaney, Minister of Veterans

It was our pleasure to attend the special event with Minister Steven Blaney, Veterans Affairs Canada and Senator Yonah Martin. This announcement was a great triumph for many Korean War veterans since the Korean War was known as the Canada’s forgotten War. Senator Yonah Martin is a first Korean-Canadian Senator and honorary patron of HMCS HAIDA Association and Friends of HMCS HAIDA. Senator Martin tabled the Bill S-213 “The Korean War Veteran Day Act” to honour the Korean War veterans. It was a quite emotional day especially for my mother, Jung Hee Seh. My mother (10 years old during the Korean War) and my grandparents escaped from North Korea during the

Korean War and they were escorted to Koje island (now known as Geoje Island) by S.S. MEREDITH.

The SS Meredith Victory was a United States Merchant Marine Victory ship, a type of cargo freighter built for World War II. It is best known for evacuating more than 14,000 refugees in a single mission during the Korean War. Under the stewardship of Captain Leonard LaRue, the SS Meredith Victory performed the largest humanitarian rescue operation by a single ship. The vessel has often been described as the "Ship of Miracles" <http://www.youtube.com/watch?v=NrgvcGv-DdQ> as it was designed to carry only 12 passengers.

On December 21, 1950, Captain Leonard LaRue of the SS Meredith Victory made the decision to unload nearly all weapons and supplies on board the ship in order to transport the remaining refugees to safety. Although built to accommodate only 12 passengers, besides the crew and staff, it managed to hold more than 14,000 Korean civilians fleeing the approaching communists. Unfortunately, Meredith was sold to China to be scraped. Captain Larue became the monks and SS Meredith received the World Guinness of Book of record. (To be continued...Fall Edition)



HooJung Jones with Senator Yonah Martin

Submitted by: HooJung Jones, Project Coordinator of Korea Veterans Association of Canada Unit 26, Hamilton and Co-Author of “Canadians Our Heroes 1950-1953 Korean War”.



Joan Balch

WREN Association of Toronto



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Book of Remembrance



Name	First Name	City	Date of Death	
Rach	Betty	Mississauga, Ont	July 20, 2012	RCN
Kerr	Elizabeth	Trenton, Ont	November 20, 2012	RCN
Covington	Beverley J.	Toronto, Ont	September 18,2012	RCN[R]
Bailes	Jeanne	Mississauga, Ont	April 17, 2012	WRNS
Birchard	Joyce	Toronto, Ont	July 23, 2012	WRNS
Hebb	Pauline	Toronto, Ont	December 22, 2012	WRNS
Beere	Catherine Muriel	Victoria, BC	January 6, 2012	WRCNS
McArthur	Nora 'Peggy'	Victoria, BC	February 1, 2012	WRCNS
Doiron	Margaret Sylvia	Souris, PEI	February 4, 2012	WRCNS
Clements	Daisy	Kingston, Ont	February 17, 2012	WRCNS
Schuthe	Dorothy 'Doll'	Ottawa, Ont	March 27, 2012	WRCNS
Duffus	Caroline	Waverley, NS	May 5, 2012	WRCNS
Rhodes	Aingelda 'Gelda'	North Vancouver, BC	July 23, 2012	WRCNS
Jones	Annie	Newmarket, Ont	July 26,2012	WRCNS
O'Brian	Ann	Toronto, Ont	August 21, 2012	WRCNS
Benjamin	Mary Roberta	West Dublin, NS	September 24,2012	WRCNS
Meade	Madeline 'Madge'	Dartmouth, NS	December 10, 2012	WRCNS



1910-2010 Canadian Naval Centennial Rose ACTM Navy Lady, will be available again in the Spring.



The shrub Rose bush can be obtained for events, celebrations and remembrances in 2013. A list provided by the Wholesale Nursery JC Bakker and Sons Ltd, of selected suppliers, will be posted on the web site: www.TheWrens.ca sometime after end February 2013.

ALERT

The Wren website has CHANGED to www.TheWrens.ca

You will find a Book of Remembrance notification form there.

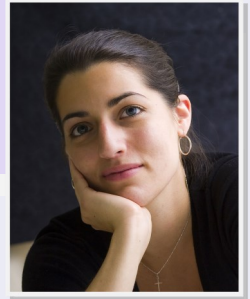
An email address for the new site is:

navylady@TheWrens.ca



Healthy Living

Yardarm Spring 2013 Edition



Revelling in Regularity: Conquering Constipation

Doctor: Have you done anything about your constipation?

Patient: I sit in the bathroom for 30min in the morning and again at night.

Doctor: No, I mean do you take anything?

Patient: Of course, I take a book.

Those who have suffered the bloating, cramps and gas of constipation know it is no laughing matter. Often stool may be hard and require you to strain/push, you may feel like you need another bowel movement after just having one, or you may have fewer bowel movements than normal. Being “regular” ranges from 3 times a day to 3 times a week.

A number of factors can cause and contribute to constipation. Consider these simple guidelines to help prevent and treat constipation:

DO eat more fibre. Excellent sources include: fresh fruits and veggies, whole grains (whole wheat, rye and pumpernickel breads), prunes, and beans. High quantities of bananas and white bread/pasta/rice can contribute to constipation.

Important: increase fibre gradually to reduce bloating and gas!!!

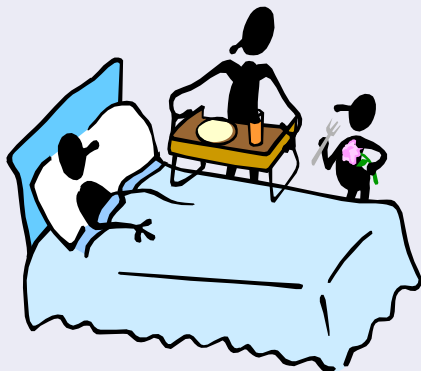
DO drink more fluids. This may include water, juice (especially prune juice), soup and tea.

DO exercise. Revving up your metabolism can rev up your bowels too.

DO know your medications. Narcotics (tylenol #3, percocet, dilaudid), antidepressants (Elavil), iron supplements, blood pressure medication (cardizem, Procardia), and anticonvulsants (dilantin, tegretol), etc may cause constipation.

DO be careful with laxatives. Bulking laxatives (oat bran, Metamucil, Fibrecon, etc) can be used daily. However, other laxatives are not meant for long term use unless otherwise directed.

Constipation is NOT a normal part of aging. See your doctor if you notice blood in your stool, are constipated for over 3 weeks or if it is causing you pain. **Submitted by: Dr. Shauna Phillips**



Will I live any longer?

Patient: Doctor, if I give up wine, women, and song, will I live longer?

Doctor: Not really. It will just seem longer.



Healthy Living

Yardarm Spring 2013 Edition



Kevin Phillips
www.saltjunk.com

EASY SPRING MEAL—Kedgeree



Kedgeree (with Smoked Salmon)

Yields – 2 servings

Ingredients:

1 cup rice (cooked)

1 cup smoke salmon (flaked)

2 hard boiled eggs (yolks removed – egg whites chopped)

1/4 cup butter

Salt & pepper to taste

1 tsp parsley (for garnish)

1 hard boiled egg (sliced for garnish)

Method—Cook rice until tender. Add flaked salmon and egg whites to rice and mix. Stir in melted butter and blend. Season to taste. Heat thoroughly and garnished with sliced hard boil egg and parsley. Excellent with homemade buns and a cup of good steeped tea.



Jail Food

The warden, addressing the three instigators of a failed prison riot, said, "I would like to know two things. First: Why did you revolt? Second: How did you get out of your cell?"

One of the three men stepped forward, "Warden, we rebelled because the food is awful."

"I see. And what did you use to break the bars?" The warden asked.

Replied the spokesman, "French Toast..."

Source: *Aha! Jokes*, <http://www.AhaJokes.com>



Padre's Corner

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Padre's Corner by The Venerable Dr. Gordon Simmons

Allow me to introduce myself, my name is Gordon (Gord) Simmons, the padre of Branch 62 of the Royal Canadian Legion, Point Edward Ex-Servicemen's Club, the RCNA Sarnia and president of the Mission to Seafarers / Stella Maris St. Clair Region. The Mission is part of a world wide network that provides hospitality, advocacy, legal help, counseling and spiritual support to seafarers regardless of race, colour or creed. Many of our shipmates will be familiar with the Flying Angel and Apostleship of the Sea from their visits to many of the ports of call around the world.

From ancient times sailors have been amongst the most spiritually aware of all people due to the hazardous nature of their work. Archaeological evidence shows the presence of gods and amulets among the remains of ancient ship wrecks and the Bible describes several ship wrecks and the terror felt by sailors during storms. Psalm 107 verses 24-32 gives a vivid description of a storm at sea and the reactions of the sailors. In the Book of Jonah chapter one and the Acts of the Apostles chapter 27 other vivid descriptions are provided of storms and the latter of a ship wreck. The reality is that in spite of modern technology the seas are still dangerous.

I receive several publications that give regular news of the shipping industry and always there are updates of pirate attacks, collisions, groundings, sinkings, and reports of ships and crews that have been abandoned by their owners. One reporting

authority issues a publication that reports on collisions and near misses that have been reported to the authorities and any actions that have resulted against the masters of the

ships or boats. I have an abiding interest in the Royal Canadian Navy and the Canadian shipping industry. It is one of my pet

peeves that the history of our shipping and our navy is not taught. Canada had one of the world's greatest merchant marines in the 19th century. Canadian clippers and schooners carried the raw silk and tea that the United Kingdom processed. Canadian ship builders in the Maritime Provinces were renowned for their skill and the speed of their ships. At the end of World War II Canada had the 3rd largest navy in the world and one of the largest merchant fleets.

During the Second World War shipyards in the Great Lakes and on both coasts built the corvettes, frigates, destroyers, liberty ships, and tankers that kept the allies in the war. In the last three decades Canadians have watched the demise of many of those shipyards, and the downsizing of the navy and the merchant marine. I have christened 6 ships in the last 17 years, but they were ships that were rebuilt, not new builds. We were a maritime power house in the 19th and the first half of the twentieth century and now...? The stories of what we were and what we can be are stories that we need to tell.

My hope is that in future columns we can share stories, that I can provide some spiritual insights as well as pass on some of the stories that I have heard about the work of padres and the Missions to Seafarers/Apostleship of the Sea.





Crossing the Bar

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What does "Crossing the Bar" Mean?

Best Answer Chosen by Asker



Alfred Lord Tennyson
Source: Bing Search

The poem is one of the last Tennyson wrote, referencing his departure from life into death. Similarly to the "next great adventure," Tennyson speaks of death as going out into the unknown, out to sea. He is asking the people who remain behind not to mourn overly much, but to accept his passing. In the poem, the bar is the barrier between life and death. In a harbor, there is a wave break, keeping the large waves from breaking the boats. It is also the land (or solid ground) that comes closest to the actual sea, and the last bit to pass on the way out. The "moaning at the bar" is where the people left behind would be gathered to follow as far as possible, and he says not to be too sad that he left them behind.

Sunset and evening star, (imagery of nighttime, end of the day)

And one clear call for me!

And may there be no moaning of the bar,
When I put out to sea,

Trans: My time to die is coming, and don't grieve too much when I'm gone.



"Sunset and evening star,
And one clear call for me!
And may there be no moaning of the bar,
When I put out to sea,"

But such a tide as moving seems asleep,
Too full for sound and foam, (It is calm and the tide is high)
When that which drew from out the boundless deep
Turns again home. (The tide will leave the harbor)

Twilight and evening bell,
And after that the dark! (More end of day imagery)
And may there be no sadness of farewell,
When I embark; (Don't be sad when I go)

For though from out our bourne of Time and Place
The flood may bear me far,
I hope to see my Pilot face to face
When I have crossed the bar.

Trans: Once I die and venture into the great unknown, I hope to see God.



AITKEN, Robert, 8 August 2012, Admiral Hose Branch in Windsor, ON
Robert served in the RCNVR.

DREW, Gordon Albert, Age 89, Passed 16 January 20 12, Calgary, Alberta
Gordon was a WWII Veteran, a keen volunteer - member of the Royal Canadian Legion.

FRASER, Richard W. 8 February 2012, Admiral Hose Branch in Windsor, ON
Richard served in the RCNVR.

GUNDERSON, Harald L. 83, 29 August 2012, Calgary, Alberta
Harald was born in Maple Creek, Saskatchewan, 18 Jun 29.

HARGRAVE, Donald (Don), 86, 22 July 2012, Calgary, Alberta
Don was a WWII Veteran and a University of Alberta graduate.

HOWCROFT, Timmey (Tim) age 86 , 12 December 2012
Tim served with the WRCNS 1944-1946.

JULIEN, Albert, 17 October 2012, Admiral Hose Branch in Windsor, ON
Albert, served in the RCNVR.

HYND, John McCall (Jack), 88, 5 December 2012 , Midland, Ontario
Jack was a Veteran of WW II and served in the RCN in the North Atlantic.

LOGOS, Steve Frank, 88, 14 April 2012, Calgary, Alberta
Born and raised in Calgary, Steve was very active in the YMCA.

McCOURTNEY, Edward, Gordon "Ted", 88, 24 April 2012, Calgary, Alberta
Born in Edmonton, Ted served during WWII as an officer on a Corvette.

MURPHY, J. William (Bill) 13 December 2012, Admiral Hose Branch in Windsor, ON
William served in the RCNVR.

Panteluk, William "Billy" (Cmdr), 81, 5 January 2013, Halifax, Nova Scotia
Joined the RCN in 1948 and served for 37 years.

SCOTT, Keith, Leroy, 86, 27 Dec ember 2011, Calgary, Alberta
Keith will be lovingly remembered by his wife of 58 years, Jean.

ROMANCHUK, Steve, 2 December 2011, Calgary, Alberta
No details provided.

THOMPSON, Evelyn, Doreen (nee) Pirie, 1924-2012, 24 August 2012, Calgary, Alberta
Born in Toronto, Evelyn moved to Calgary in 1944 with her husband Herb.

URQUHART, Warren "Red", 88, 2012, Calgary, Alberta
Served in the RCN during WWII, Red was a survivor of the Battle-of-the-Atlantic.

WILLIAMS, Conrad, 31 October 2012, Admiral Hose Branch in Windsor, ON
Conrad served in the RCNVR.

WRIGHT, Elmer (Emmy), 95, 31 October 2012, Sarnia, Ontario
Emmie was a WWII Veteran and a life member of the Sarnia Branch.



Contact Page

Yardarm Spring 2013 Edition



The Contact Page



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Useful WebSites

Canadian Veterans Advocacy

canadianveteransadvocacy.com

Chief and PO's Association

http://acpoa.net

Marine Traffic

http://www.marinetraffic.com

Naval Association of Canada

http://www.navalassoc.ca/

Normandy Beaches—UNESCO

http://www.cbc.ca/news/dday

Veterans of Canada

http://www.veteransofcanada.ca/

Veterans' Ombudsman

http://ombudsman-veterans.gc.ca/

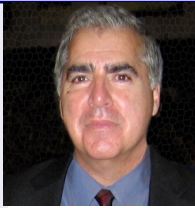
Victory Service Club UK

http://www.vsc.co.uk/



Been a Long Day!

Source: Aha! Jokes, <http://www.AhaJokes.com>



The Last Word

Yardarm Spring 2013 Edition



A Few Words of Thanks—First, as the incoming editor, I wish to pass on a *thank you* to our outgoing editor Des Steel, and his wife Joy, for the many years they toiled away to provide RCNA members with the hardcopy version of the Yardarm.

I will also take this opportunity to thank Jerry Sigrist for providing me with much needed advice as I prepared this first edition. With Des not feeling well, and having to start “from scratch”, I had no option but to turn to the National Secretary for guidance. Thanks Jerry, your assistance was very much appreciated.



Finally, a special thank you to my regular contributors (see page 5), and my editing board: Jim Lapp and Gord Simmons, for coming onboard. Content will be our main focus, your backgrounds and combined experiences will give the Yardarm a much needed injection of fresh material.

Thank You All. MPC

So, why go electronic with the Yardarm?



I was approached to take over as editor of the Yardarm during the 2012 AGM. The National Secretary explained that with the stepping-down of Des, and the increasing printing/ mailing costs, the newsletter was in jeopardy of folding. He went on to say that the RCNA wanted to cut costs while somehow expanding and moving the Yardarm forward. Should I take on the volunteer position, the National Secretary explained, I would have full control of the magazine including; layout, content, and all related decisions.

After some discussion it was decided that in order to achieve those goals, we would have to go to an electronic format—but with a local print capability. Since the majority of our members have direct or indirect access to a computer, and the majority of the RCNA’s communications and newsletters were already being distributed electronically—why not?

In late-October, 2012, I was able to submit a package to National HQ that would achieve the

goals stated. The overall aim was to expand the scope of the newsletter by providing more pragmatic content (less jokes). The availability would be supplemented by a separate website www.yardarm.ca. More importantly, convince a few very talented writers/researchers to come onboard as Regular Contributors (page 5).

To ensure we were on the right track the National Secretary contacted the Branches for feedback. With the exception of two members, all of the returns from the Branches were positive, the only concerns were about not having a hardcopy.

Not to belabor the point, but as it stands I do not have the time, resources nor funding to provide hardcopy versions of the Yardarm. This may change at a later date should sponsorship funding permit. **Note: print instructions were sent to the Branches and National HQ in a separate email and are available on the website.**

Hopefully, this new version of the Yardarm will not only cut costs, but will be seen as a step forward. Thank you for your support, all feedback will be very much appreciated. **MPC**



Our Sponsors

The Yardarm—Spring 2013 Edition



RCNA - NORTH BAY BRANCH

*Home of the National President
Blaine Barker*

**Meets the Last Wednesday of the Month
Branch #23, Royal Canadian Legion
150 First Ave., West
North Bay Ontario**

Contact: S/M Ray Thomson: 705 476-6763



The Yardarm

M.P. (Pat) Cornect - Editor
www.yardarm.ca
Phone: 519 882-0484
EMail: pat@cornect.com

The Yardarm is looking for Sponsors to help offset the costs associated with producing the newsletter and hosting the web site: www.yardarm.ca.

The new advertisement fees are very reasonable: \$50.00 for Branches/members, and \$100.00 for other agencies/non-members.

Should sponsorship revenue exceed the costs mentioned above, all additional funds could be used to provide an expanded print capability—if required. Any surplus funding beyond those costs will go to National HQ.

All paid sponsors will have their business card or like-sized advertisement card (see above) displayed in both the Spring and Fall Editions of the Yardarm. As well the advertisement will be posted on the yardarm website (www.yardarm.ca) for an entire year.

Hoping to hear from you soon—see contact info above.

Thank You for your continued support.





RCNA Kit Shop

Yardarm Spring 2013 Edition



Supply Officer

Shipmate Ray Thomson
442 Aubury Street
North Bay ON - P1B 6H9
Ph: 705-474-6763,

email: thomsonwr@ontera.net



<i>PARAPHERNALIA DESCRIPTION</i>	<i>UNIT</i>	<i>Club Price</i>	<i>Retail</i>
RCNA Blazer Badge (Gold Bullion)	Each	14.00	\$16.00
Beret NEW Style (S, M, L & XL)	Each	12.00	\$14.00
RCNA Beret Badge (Gold Bullion)	Each	7.00	\$9.00
RCNA Ties Regular	Each	18.50	\$20.00
RCNA Ready-Knot	Each	\$16.75	\$18.00
RCNA Lapel Pins	Each	5.00	
Window Decal	Each	3.00	\$3.50
RCNA Branch Past Presidents Medal (engraved)	Each	10.00	
RCNA Branch Past Presidents Lapel Pin	Each	5.00	
RCNA Medals (has to be engraved & ribbon changed)	Each	10.00	
RCNA Past National Presidents Lapel Pin	Each	6.00	
White Ensign Lapel Pin	Each	\$5.00	\$6.50
Brass Button (Large)	Set of 4	5.00	\$5.75
Brass Button (Small)	Set of 6	4.75	\$5.50
Lapel Anchor (Left & Right) Large Made in Canada	Pair	11.50	\$12.25
Lapel Anchor (Left & Right) Small Made in Canada	Pair	10.32	\$11.75
White Shirt Short Sleeve (with slip ons) Men's & Women	Each	\$23.00	\$26.00
Tie Bars	Each	\$5.00	\$7.00
RCNA Slip On (Epaulettes)	Pair	10.00	\$12.00
RCNA Belt with Buckle, White or Black Belts	Each	17.00	\$18.00
Made in Canada			
RCNA Jacket Crests (Embroidered)	Each	10.00	\$11.50
Life Membership Badge	Each	\$4.00	
We have our crest digitized - we can put it on anything you	Cdn	prices	
Cardigan			
Vest			
Polo Short Sleeve			
Ball caps embroidered		\$24.00	